



June marked the 50th culinary training program class. This program has had over 400 participants.

HONORING OUR ELDERERS

Angel Corps' goal is to enrich the lives of our clients and employees. Sometimes that goal is achieved in unforeseen ways.

article by Margeaux Corrao • photography provided by David Kirk

Have you ever thought of what food means to you? The Merriam-Webster Dictionary defines food as “something that nourishes, sustains or supplies.” For many of us, purchasing and preparing food is something we do without thinking. But what would you do if a loved one was faced with a change in their health, making it a challenge to prepare food independently?

There is a solution.


One unforeseen way Angel Corps and Home Nursing Services enrich lives is through a program that offers culinary classes for caregivers. These two home care companies serve clients by assisting them in their own home with things like bathing, skilled nursing services, light housekeeping and companionship. Sometimes those needs involve their nutrition and preparation of food, too.

The culinary training program was created in 2009 in order to raise the quality of care provided by Angel



Corps and Home Nursing Services. The classes were developed and taught by Beth Scholer, CC, CDM and CFPP.

Scholer, or Chef Beth, designed the program with sessions focusing on sanitation, food safety, nutrition, meal planning and meal preparation. From these sessions, she wrote the book *Basic Culinary Skills*. The program and book were so successful that Chef Beth was able to expand the program, offering classes that address the needs of clients in their homes, diabetic complications, food allergies and budgeting.

Chef Beth recently finished the second edition of her book, *Caregivers Kitchen: Culinary Skills for Home Health Care*. Her culinary training classes are held at the Fort Wayne location of Angel Corps and Home Nursing Services where a conference room was remodeled in 2010 to include a teaching kitchen. For more information about this program, contact Angel Corps. 

ANGEL CORPS

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Number of employees: 150+
Years in business: 12

Products and Services: Specializing in non-medical home care including personal care, bathing, meal preparation, light housekeeping, laundry and maintaining social interaction.